

Three months certification course in  
**BASICS OF PALLIATIVE CARE**  
for MBBS doctors, allied healthcare professionals and nurses



## About the course

This course is for allied healthcare professionals who are keen to enhance and upgrade their knowledge in palliative care. The content of BMJ's 3-month Certificate Course in Palliative Care is evidence-based and peer-reviewed. This is an e-learning course with 15 modules developed by national and international subject matter experts.

We strongly feel that palliative care is an important area and every individual has a right to a peaceful and dignified life and death.



# About Us

## About BMJ Group

BMJ Group is a global healthcare knowledge provider with a vision for a healthier world. The values-driven organisation shares knowledge and expertise to improve health outcomes through three key areas: publishing and events, careers and learning, and digital health.

## About IAPC (Indian Association of Palliative Care)

The Indian Association of Palliative Care (IAPC) was set up on March 16, 1994, in consultation with the World Health Organization (WHO) and the Government of India as a national forum to connect, support, and motivate individuals and institutions involved in palliative care. IAPC is committed to ending needless suffering due to persistent severe pain. It is working with the central government to translate the amended law into implemented practices across India. It is also in the process of developing a structured training program to enable champions from different regions of India to improve access and availability of essential narcotic drugs for medical use.

## About Healthcare Sector Skill Council (HSSC)

Healthcare Sector Skill Council (HSSC) is a non-profit organization working under the aegis of Ministry of Skill Development and Entrepreneurship (MSDE) promoted by healthcare industry and leaders. HSSC is engaged in the development of a quality eco-system for vocational education and skill development in the Indian healthcare sector. HSSC aims to assess and certify candidates on skill qualifications in the healthcare sector including Ayush, the social sector and Hospital management services.

**Vision:** To be an apex body for high quality skilling aligned to healthcare sector requirements, nationally & internationally.

**Mission:** Create a robust and sustainable industry aligned quality skilling eco-system for healthcare sector to bridge the demand and supply gap through skilling, reskilling and upskilling.

## Course Directors



### Dr. Naveen Salins

Professor and Head of the Department of Palliative Medicine and Supportive Care, Karnataka Coordinator, Manipal Comprehensive Cancer Care Centre, Kasturba Medical College, Karnataka Editor, Indian Journal of Palliative Care  
Honorary Tutor, School of Medicine, Cardiff University, UK.

Dr Salins is an accomplished medical professional who graduated with honours in Internal Medicine MD from KMC Manipal in 2003. He has extensive experience in Palliative Medicine, having completed three years of specialist fellowship training at the Lyell McEwin Hospital and working as a consultant at the Royal Adelaide Hospital in South Australia. Upon returning to India, Dr Salins held clinical and academic positions at HCG Bangalore Institute of Oncology and Tata Memorial Hospital, Mumbai. He is currently the Professor and Head of the Department of Palliative Medicine and Supportive Care at KMC Manipal. He is also the Coordinator of the Manipal Comprehensive Cancer Care Centre. Dr Salins was awarded a Royal College of Physicians (FRCP) Fellowship by the Royal College of Physicians London and Glasgow in 2020. He completed his PhD in palliative care from Lancaster University, UK, in 2021. He is also an Honorary Professor of Medicine at Cardiff University, UK, and was appointed Associate Dean of Research in 2023.



### Dr. Kieran Walsh

Clinical director - BMJ Learning and Quality BMJ, UK

Dr Kieran Walsh is Clinical Director at BMJ. He is the clinical lead of the medical education and clinical decision support products at BMJ. He has a vast amount of experience in online medical education, clinical decision support, face to face delivery of medical education, and both summative and formative assessment. He has published over 200 papers in biomedical literature and has written four books: the first and only book on cost effectiveness in medical education; a dictionary of quotations in medical education; a history of medical education in 100 images; and the Oxford Textbook of Medical Education. He is a Fellow of the Higher Education Academy, a Fellow of the Royal College of Physicians of Ireland, a Fellow of the Academy of Medical Educators, and Adjunct Associate Professor at Monash University. In the past he has worked as a hospital doctor specialising in General Internal Medicine and Geriatric Medicine.





### Course Objectives

At the end of this course, the participant will be able to:

- Understand and apply the principles of palliative care in chronic and life-limiting illness
- Identify the palliative care needs of patients and their families with cancer and non-cancer conditions
- Identify palliative care needs in paediatric and geriatric population
- Assess and manage pain and other physical symptoms
- Identify and manage issues that needs specialised nursing interventions
- Assess and manage psychological, emotional and social issues in patients with chronic and life-limiting illness
- Communicate effectively and handle difficult communication situations
- Discuss goals of care and facilitate advance care planning
- Identify the needs of the dying person and support patient and their families in last hours of life
- Identify and address the ethical and legal challenges in limitation of life-sustaining treatment and end of life care.

### Course Eligibility

MBBS doctors, allied healthcare professionals and nurses.

### Assessment and Certification

Assessment: Situational based MCQ

Certification by BMJ and HSSC on successful completion of the course.

**Criteria for certification:** Minimum 70% score on assessment.

### Course Fee

Three-month certificate course: Basics of Palliative Care – INR 17,700 (inclusive of taxes)

## Course Modules

S. No	Titles of the modules
Module 1	Principles and practice of palliative care Author Dr Navin Salins
Module 2	Cancer and chronic pain in palliative care Authored Dr. Sushma Bhatnagar and Co-Author: Dr Lukas Radbruch
Module 3	Oral, GI and fatigue Symptoms management in palliative care Authored by Dr Nikki Pease and Co-Authored by Dr Anjum Joad
Module 4	Respiratory and Urological symptoms Authored by Dr Nikki Pease and Co-Authored by Dr Anjum Joad
Module 5	Nursing interventions for symptom management in palliative care Authored by Dr. Jody Chrastek and Co-Authored by Dr Alice Stella
Module 6	Communication skills in palliative care Authored by Dr Chitra Venkateswaran and Co-Author by Dr Odette Spruijt
Module 7	Care planning and ethical issues in palliative care Authored by Dr Chitra Venkateswaran and Co-Author by Dr Odette Spruijt
Module 8	Palliative care in patients with non-malignant conditions: part 1 Authored Dr. Arunangshu Ghoshal and Co- Authored Dr Mirian Johnson
Module 9	Palliative care in patients with non-malignant conditions: part 2 Authored Dr. Arunangshu Ghoshal and Co- Authored Dr Mirian Johnson
Module 10	An introduction to palliative care for older adults: part 1 Authored Dr Manajari Dighe
Module 11	An introduction to palliative care for older adults: part 2 Authored Dr Manajari Dighe
Module 12	Palliative care in Paediatrics
Module 13	Managing psychosocial issues in palliative care Authored Dr Chitra Venkateswaran and Co-Author by Dr Odette Spruijt
Module 14	Palliative care in Oncological diseases Authored Dr. Mary Ann Muckaden and Co Authored by Dr. Frank Ferris
Module 15	Approach to End of Life Care Authored by Dr Jeremy R Johnson and Co Authored by Dr. Stanley C. Macaden

# HSSC CEP

Competency Enhancement Program

## CERTIFICATE OF ACHIEVEMENT

\_\_\_\_\_ has completed the training

### Three-month certificate course in **Basics of Palliative Care**

This training on this module will aid in giving confidence to the doctors to manage patients suffering from a life-threatening disease and their families in the best possible manner

Duration of training \_\_\_\_\_

Training funded/supported by \_\_\_\_\_

Date of Issue : 15 Mar-2023



*Kieran Walsh*

**Dr. Kieran Walsh**  
Course Director  
London

**Mr. Ashish Jain**  
Chief Executive Officer  
Healthcare Sector Skill Council

(This certificate does not relate to National Skills Qualification Framework notified by Government of India)

# BMJ Group

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